

# Vehicle Checklist

## First Aid Kit:

- Band-aids
- Peroxide or antiseptic
- Calamine lotion or afterbite
- Nail clipper
- Tweezers
- Cotton balls or pads
- Adhesive tape
- Hand sanitizer
- Wipes
- Pain-relief, antihistamine, and anti-nausea medicines
- Bee sting kit
- Toilet paper and tissues
- Scissors
- Gauze pads of various sizes
- Tensor bandage
- Safety pins
- Disposable latex gloves
- Emergency blanket
- First aid manual
- Face masks
- Ice pack
- Local EMS/911 number, family doctor, poison control and personal emergency contact numbers

## Emergency #'s, Notes:

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