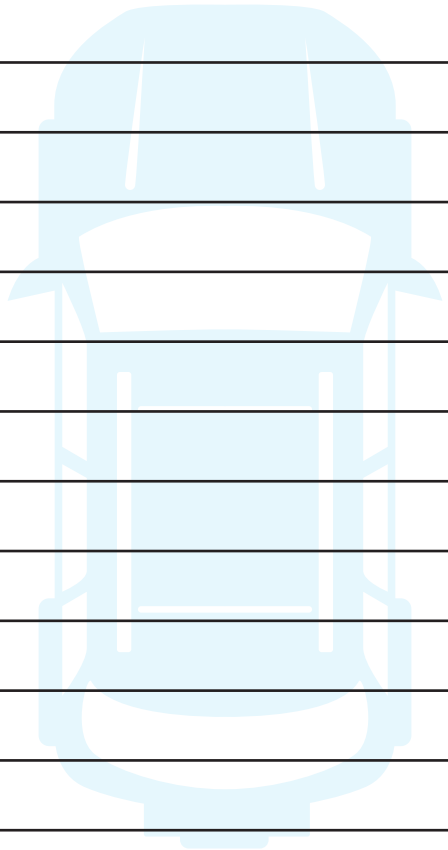
Vehicle Checklist

First Aid Kit:

- ☐ Band-aids
- ☐ Peroxide or antiseptic
- ☐ Calamine lotion or afterbite
- ☐ Nail clipper
- ☐ Tweezers
- ☐ Cotton balls or pads
- ☐ Adhesive tape
- ☐ Hand sanitizer
- ☐ Wipes
- ☐ Pain-relief, antihistamine, and anti-nausea medicines
- ☐ Bee sting kit
- ☐ Toilet paper and tissues
- ☐ Scissors
- ☐ Gauze pads of various sizes
- ☐ Tensor bandage
- ☐ Safety pins
- ☐ Disposable latex gloves
- ☐ Emergency blanket
- ☐ First aid manual
- ☐ Face masks
- ☐ Ice pack
- ☐ Local EMS/911 number, family doctor, poison control and personal emergency contact numbers

Emergency #'s, Notes:



Vehicle Checklist

Vehicle Essentials:

- ☐ Water
- ☐ Non-perishable snacks: trail mix, protein bars, dried fruit
- ☐ Car manual, registration, pencil and paper
- ☐ Small fire extinguisher
- ☐ Long burning candle
- ☐ Matches and lighter
- ☐ Umbrella, ponchos, and boots
- ☐ Warm jackets
- ☐ Blanket
- ☐ Garbage and cloth bag
- ☐ Portable, or spare car phone charger
- ☐ Flashlight and batteries
- ☐ Crank, solar powered, or portable radio and batteries
- ☐ Roadside kit with traditional, or LED flares, and hazard triangles
- ☐ Whistle
- ☐ Small empty gas can
- ☐ Windshield fluid, WD 40, and other car fluids (engine oil)
- ☐ Paper towel or a few rags
- ☐ Spare tire
- ☐ Tire pressure gauge
- ☐ Portable tire inflator or spray
- ☐ Car jack
- ☐ Lug or torque wrench
- ☐ Bungee cords, rope, and tow strap
- ☐ Multi-tool (Leatherman, Swiss Army)
- ☐ Emergency window hammer and seat belt cutter
- ☐ Battery jumper cables or a jumper that does not require another vehicle
- ☐ Duct tape
- ☐ Shovel
- ☐ Cat litter for traction
- ☐ Hidden cash and change for pay phones, parking, tow trucks, or cabs
- ☐ Portable potty and extra diapers (for little ones)

Notes: