



# Summer Beach List

## Refreshments:

- Water and other beverages
- Sandwiches or subs (unless BBQing, then see our BBQ list!)
- Fresh fruits and berries: watermelon, strawberries, etc.
- Snacks: Chips, raw veggies, dip, cookies, trail mix, popcorn, or protein bars
- Cooler
- Ice (freeze water in bottles)

## Lounging:

- Beach blanket or sleeping bag
- Beach bag (keys, wallet, and \$\$)
- Cushions
- Beach chair or camp chair
- Books, comics, or magazines
- Towels
- Sunscreen
- Bug spray
- Sunglasses
- Hats
- Bathing suit cover
- Flip flops or slides
- Swim shoes or swim socks
- Sand toys (buckets and shovels)
- Life jackets
- Goggles
- Shade tent, umbrella, or canopy
- Waterproof speaker

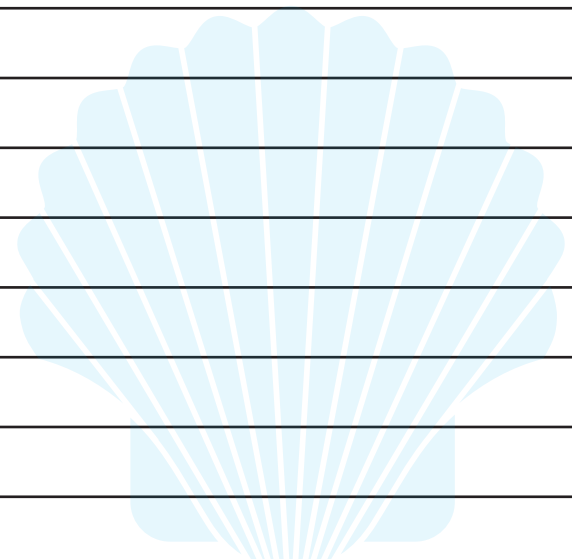
## For the Shower:

- Shampoo, conditioner, body wash, and body pouf
- Wide tooth comb or brush
- Feminine products
- Scrunchies, hair clips, and elastics
- Bath towel
- After sun lotion or aloe vera
- Kids pj's for the sunset ride home: joggers, tees, sweaters

## Extras:

- Trash bag
- Laundry bag
- Phone charger and waterproof phone case
- Waterproof camera

## Notes:



A light blue seashell graphic is positioned behind the notes section. The seashell is oriented vertically with its top to the right and its bottom to the left. It has a scalloped edge and a series of vertical lines radiating from its center to its outer edge.

---

---

---

---

---

---

---

---

---

---